

# SOAP UP

SOAP UP promotes appropriate hand hygiene to reduce the spread of infection.

Effective hand hygiene decreases the risk of infection and can help prevent several harm events: CDI, CAUTI, CLABSI, MDRO, Sepsis, SSI and VAE



There are many resources available at [HRET-HIIN.org](http://HRET-HIIN.org), including those below, to help your organization address these harm events and engage with the UP Campaign.

## SOAP UP Resources

Topic	Link
Introduction to the UP Campaign	<a href="https://www.youtube.com/watch?v=ElrCQ8nCvI4">https://www.youtube.com/watch?v=ElrCQ8nCvI4</a> or <a href="http://www.hret-hiin.org/Resources/up_campaign/17/up_campaign_presentation_generic.pdf">http://www.hret-hiin.org/Resources/up_campaign/17/up_campaign_presentation_generic.pdf</a>
Catheter-Associated Urinary Tract Infection (CAUTI)	<a href="http://www.hret-hiin.org/topics/catheter-associated-urinary-tract-infection.shtml">http://www.hret-hiin.org/topics/catheter-associated-urinary-tract-infection.shtml</a>
C. Difficile (CDI)	<a href="http://www.hret-hiin.org/topics/clostridium-difficile-infection.shtml">http://www.hret-hiin.org/topics/clostridium-difficile-infection.shtml</a>
Central Line Bloodstream Infection (CLABSI)	<a href="http://www.hret-hiin.org/topics/central-line-associated-bloodstream-infection.shtml">http://www.hret-hiin.org/topics/central-line-associated-bloodstream-infection.shtml</a>
Multi-drug Resistant Organisms (MDRO)	<a href="http://www.hret-hiin.org/topics/multi-drug-resistant-organisms.shtml">http://www.hret-hiin.org/topics/multi-drug-resistant-organisms.shtml</a>
Sepsis	<a href="http://www.hret-hiin.org/topics/sepsis.shtml">http://www.hret-hiin.org/topics/sepsis.shtml</a>
Surgical Site Infection (SSI)	<a href="http://www.hret-hiin.org/topics/surgical-site-infection.shtml">http://www.hret-hiin.org/topics/surgical-site-infection.shtml</a>
Ventilator-Associated Events (VAE)	<a href="http://www.hret-hiin.org/topics/ventilator-associated-event.shtml">http://www.hret-hiin.org/topics/ventilator-associated-event.shtml</a>

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## More Hand Hygiene Resources

### Handwashing How-To and Education:

#### *Health care Workers*

- Centers for Disease Control and Prevention (CDC) #CleanHandsCount Campaign  
<https://www.cdc.gov/handhygiene/campaign/index.html>
- World Health Organization (WHO) Hand Hygiene: Why, How & When?:  
[http://who.int/gpsc/5may/Hand\\_Hygiene\\_Why\\_How\\_and\\_When\\_Brochure.pdf](http://who.int/gpsc/5may/Hand_Hygiene_Why_How_and_When_Brochure.pdf)
- Health Research & Educational Trust (HRET) Hospital Improvement Innovation Network (HIIN) UP Campaign
  - All UP Campaign Resources: <http://www.hret-hiin.org/engage/up-campaign.shtml>
  - UP Campaign PowerPoint: Soap Up slides 60 – 72: [http://www.hret-hiin.org/Resources/up\\_campaign/17/up\\_campaign\\_presentation\\_generic.pdf](http://www.hret-hiin.org/Resources/up_campaign/17/up_campaign_presentation_generic.pdf)

#### *Patients, Visitors and the Community*

- Association for Professionals in Infection Control (APIC) Indiana Handwashing Tips: <http://consumers.site.apic.org/infection-prevention-basics/wash-your-hands-often/>
- Mayo Clinic Handwashing Do's and Don'ts: <http://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/hand-washing/art-20046253>
- CDC Hand Hygiene Tips:
  - <https://www.cdc.gov/features/handwashing/index.html>
  - <https://www.cdc.gov/handwashing/when-how-handwashing.html>